

**RESOLUTION NO. 09-150, SERIES 2009**

**RESOLUTION ESTABLISHING DAVIS'  
COMMITMENT TO OBESITY PREVENTION**

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, one in four youth between the ages of 9 and 16 in California is overweight putting them at greater risk for diseases linked to obesity; and

WHEREAS, the annual cost to California—in medical bills, workers compensation and lost productivity—for overweight, obesity, and physical inactivity exceeds \$41 billion; and

WHEREAS, local land use policy governs development of the built environment in which individuals make personal nutrition and physical activity choices; and

WHEREAS, the Davis community has historically supported healthy and active lifestyle choices through programs, policies and land use decisions such as a comprehensive park and open space system, connected by over 100 miles of bike path and lanes, a strong partnership with the twice weekly Davis Farmers Market, a proactive bicycling atmosphere and internal programs to promote healthy lifestyles for employees and for residents involved in city programs.

NOW, THEREFORE, BE IT RESOLVED that the City Council of the City of Davis hereby recognizes obesity as a serious public health threat to adults, children and families in Davis. While individual lifestyle changes are necessary, individual effort alone is insufficient to combat obesity's rising tide. Significant societal and environmental changes are needed to support individual efforts to make healthier choices. To that end, Davis adopts this Healthy Eating Active Living resolution to include the following:

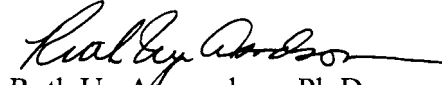
- The City of Davis shall make efforts to make land use and policy decisions to assist individuals in personal nutrition and physical activity choices.
- The City of Davis shall consider setting nutrition standards for food offered at city events, city sponsored meetings, served at city facilities and city concessions, and city programs.

- The City of Davis shall work with local businesses encourage them to provide health information for food and promote healthy food choices.
- The City of Davis will support the Healthy Eating Active Living (HEAL) Cities Campaign through education and outreach to the community and region.
- The City of Davis will consider the formation of an advisory body or use of existing bodies to address HEAL Cities principles in the Davis community.


PASSED AND ADOPTED by the City Council of the City of Davis this 8<sup>th</sup> day of September, 2009 by the following vote:

AYES: Greenwald, Heystek, Saylor, Souza, Asmundson

NOES: None

  
Ruth Uy Asmundson, Ph.D.  
Mayor

ATTEST:

  
Zoe S. Mirabile, CMC  
City Clerk