

RESOLUTION 2009-84

RESOLUTION OF THE EL CERRITO CITY COUNCIL SUPPORTING THE HEALTHY EATING  
ACTIVE LIVING CITIES CAMPAIGN

WHEREAS, the California Center for Public Health Advocacy is working on a campaign to promote Healthy Eating and Active Living (HEAL) in partnership with the League of California Cities; the Cities, Counties and Schools Partnership the Institute for Local Government; and others to encourage cities to promote strategic wellness policies; and

WHEREAS, in 2004 the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and hypertension; and

WHEREAS, one in four youth between the ages of 9 and 16 in California is overweight putting them at greater risk for diseases linked to obesity; and

WHEREAS, the annual cost of California- in medical bills, workers compensation and lost productivity—for overweight, obesity, and physical inactivity exceeds \$41 billion; and

WHEREAS, local land use policy governs development of the built environment in which individuals make personal nutrition and physical activity choices; and

WHEREAS, California Senate Bill 375 and Assembly Bill 32 call on cities to adopt plans to reduce greenhouse gas emissions which include reducing vehicle miles traveled; and

WHEREAS, the City of El Cerrito passed Resolutions 2006-61 (U.S. Mayors Climate Protection Agreement) and 2006-93 (Endorsement of California's Greenhouse Gas Emissions Reduction Targets) articulating the City's commitment to reducing greenhouse gas emissions through a variety of sustainability programs and policies; and

WHEREAS, the City of El Cerrito actively promotes and supports healthier lifestyle choices through citywide recreational programs, workshops, land use policies and a City Employee Wellness program; and

WHEREAS, programs and policies that promote healthy eating and active living have the potential to also provide significant co-benefits that contribute to community building and climate protection.

NOW THEREFORE, BE IT RESOLVED that the El Cerrito City Council hereby recognizes obesity as a serious public health threat to adults, children and families in El Cerrito and recognizes that significant societal and environmental changes are needed to support individual efforts to make healthier choices;

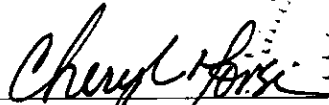
BE IT FURTHER RESOLVED that the El Cerrito City Council supports participation in statewide regional and local programs to support and invest in our citizens' health and wellness and embraces policies and programs that create comprehensive community wellness.

BE IT FURTHER RESOLVED, that this Resolution shall become effective immediately upon its passage and adoption.

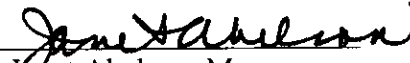
I CERTIFY that at a regular meeting on December 21, 2009 the City Council of the City of El Cerrito passed this Resolution by the following vote:

AYES: Councilmembers Cheng, Jones, Lyman, Potter and Mayor Abelson  
NOES: None  
ABSENT: None  
ABSTAIN: None

IN WITNESS of this action, I sign this document and affix the corporate seal of the City of El Cerrito on January 11, 2010.

  
Cheryl Morse, City Clerk

APPROVED:

  
Janet Abelson, Mayor